



## PACKING LIST

- ✓ Twin bed size sheets and pillow case
- ✓ Bath Towel, washcloth, hand towel
- ✓ Passport
- ✓ Bible
- ✓ Journal/Notebook
- ✓ Pen
- ✓ Sweater/Fleece
- ✓ Rain Jacket (April-October)
- ✓ Socks
- ✓ Underwear
- ✓ Sturdy shoes
- ✓ Work gloves
- ✓ Work clothes (pants and long sleeve shirts)
- ✓ Casual clothes
- ✓ Soap
- ✓ Shampoo
- ✓ Water bottle (1 liter recommended)
- ✓ Toothbrush etc.
- ✓ Small roll of toilet paper
- ✓ Alarm clock
- ✓ Small flashlight
- ✓ Aspirin/acetaminophen
- ✓ Pepto-Bismol chewable tablets
- ✓ Imodium AD Tablets
- ✓ Personal medications in original containers
- ✓ Sunglasses
- ✓ Sunscreen
- ✓ Insect repellent
- ✓ Camera
- ✓ US Dollars
- ✓ Credit Card/ATM Card (notify your bank)
- ✓ Drivers license and copy of passport
- ✓ Spare contacts/glasses
- ✓ Safety glasses/goggles