MISSION TRIP PACKING LIST

\square Twin bed size sheets and pillow case	□ Toothbrush & other toiletries.
☐ Bath Towel, washcloth, hand towel	☐ Small roll of toilet paper
Credit Card/ATM Card (notify your bank)	☐ Alarm clock
□ Passport	□ Spare contacts/glasses
☐ Driver's license & copy of passport	☐ Small Flashlight
☐ COVID-19 Vaccine Card	☐ Aspirin/acetaminophen
☐ US Dollars & Guatemalan Quetzales	□ Pepto-Bismol chewable tablets
☐ Bible & Journal/Notebook	☐ Imodium/Loperamide Tablets
□ Pen	☐ Personal medications (in original containers)
□ Backpack	☐ Insect repellent
☐ Sweater/Fleece	□ Camera
☐ Rain Jacket (April-November)	☐ Masks (sufficient supply for the week)
☐ Sturdy shoes	□ Personal hand sanitizer &/or
□ Hat	disinfecting hand wipes
☐ Work gloves	
Work clothes (pants and long-sleeve shirts)	
□ Sunscreen	
☐ Safety glasses/goggles	
□ Casual clothes	
☐ Soap & Shampoo	
■ Water bottle (1 liter recommended)	
□ Sunglasses	
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