## MISSION TRIP PACKING LIST

- $\hfill \square$  twin bed size sheets and pillow case
- $\hfill\square$  bath towel. Washcloth hand towel
- CREDIT CARD/ATM CARD (NOTIFY YOUR BANK)
- □ PASSPORT
- □ DRIVERS LICENSE & COPY OF PASSPORT
- $\Box$  US DOLLARS
- □ BIBLE & JOURNAL/NOTEBOOK

- $\Box$  SWEATER/FLEECE
- □ RAIN JACKET (APRIL-OCTOBER)
- $\Box$  SOCKS
- $\Box$  sturdy shoes
- □ DUST MASK(S)
- $\Box$  work gloves
- □ WORK CLOTHES (PANTS AND LONG SLEEVE SHIRTS)
- □ SAFETY GLASSES/GOGGLES
- □ KNEE PADS (SEVERAL PER TEAM)
- $\Box$  Casual clothes

## Guatemala

- $\Box$  soap & shampoo
- □ WATER BOTTLE (1 LITER RECOMMENDED)
- $\hfill\square$  toothbrush etc.
- $\hfill \square$  Small roll of toilet paper
- □ SPARE CONTACTS/GLASSES
- □ SMALL FLASHLIGHT
- ASPIRIN/ACETAMINOPHEN
- □ PEPTO-BISMOL CHEWABLE TABLETS
- $\hfill\square$  imodium ad tablets
- DEPERSONAL MEDICATIONS (IN ORIGINAL CONTAINERS)
- $\Box$  SUNGLASSES
- □ INSECT REPELLENT